

# YOUTH SELF-ESTEEM GROUP



**The Genesis Centre - room D122**  
**6-7pm every Wednesday from Oct 25-Nov 29**  
**Ages 10-13 welcome!**  
**To register, contact Shama Musani at**  
**[smusani@growwithtrellis.ca](mailto:smusani@growwithtrellis.ca) or 403 605 5041.**